

## OPENING TIMES:

Tuesday 10am – 8pm  
Wednesday 10am – 6pm  
Thursday 10am – 8pm  
Friday 9am – 6pm  
Saturday 9am – 4pm

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## *Gift vouchers available*

Please note all gift vouchers  
have to be redeemed within  
6 months from date purchased.

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## CANCELLATION OF APPOINTMENTS

We would appreciate 24 hours  
notice if an appointment has to  
be cancelled as we operate a  
waiting list service and will be  
able to fill the space.

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Proprietor: Tracy Sykes  
City & Guilds BABTAC

Design & Artwork by Diverse Design 08458 626 627

# *Absolutely Fabulous*

BEAUTY

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**GUINOT**  
INSTITUT · PARIS

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Leeds, LS25 1AF

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Price List 2009

## Simply Bliss

(Please allow approx. 3 hours treatment time)

Chocobeaauty Back Treatment

Aromatic or Chocobeaauty Facial

Foot Massage

Mini Pedicure

Mini Manicure

Plus complimentary wine £88.00

All packages must be paid for in full prior to booking.  
We must request a minimum of 3 days cancellation prior to the package date. If cancelled within 3 days your pre-payment will not be refunded.

*“Absolutely Fabulous offers unparalleled innovative treatments and services.”*

Pop in and see our fabulous range of costume jewellery, prices range from £8.99 – £29.99.

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## Absolutely Fabulous BEAUTY

We pride ourselves on providing a warm and friendly welcome guaranteed to put you at ease. We have built up an enviable reputation for exceptional service and offer an extensive range of quality treatments from clinical procedures to indulgent pampering. We offer all clients free no obligation consultations to ascertain the correct treatment and products to suit their needs. So call in for a friendly chat as we are always happy to advise.

*PS. We also offer a different discounted treatment every month – please ring for details.*

### Read what our clients say about us . . .

*“ . . . as a demanding client I only expect the best service wherever I go – which is why I have kept coming back to Absolutely Fabulous for the past 11 years. ”*

*Fantastic people;  
superb experience  
and great  
treatments!*

*“Absolutely Fabulous is a tranquil oasis and a welcome retreat from the hustle and bustle of everyday life.”*

## Eye Treatments

Eyebrow shape	£8.50
Eyebrow trim	£7.50
Eyebrow wax	£7.50
Eyebrow tint*	£9.00
Eyebrow tint & shape*	£12.50
Eyelash tint*	£14.00
Eyelash tint & eyebrow shape*	£16.50
Eyelash and eyebrow tint*	£17.00
Eyelash and eyebrow tint & shape*	£20.50

\*All new clients must have an allergy test 24 hours prior to tint treatments.

## Eyelash Perming

Enhances natural lashes, making even short lashes look longer and thicker.

Eyelash perming	£32.50
Eyelash perming/tinting	£37.50

“ . . . a very professional and friendly team where nothing is too much trouble. Every visit to Absolutely Fabulous is a pleasure and a truly enjoyable experience. ”

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## Girls Party Package (6-13 years)

Stuck for birthday party ideas or looking for a special treat?

Why not let Absolutely Fabulous host your party. The Party Girl will receive a birthday present and a complimentary drink and free gift for all guests.

(Minimum of 4 girls required per booking)

Choose any 3 treatments from the following:

Nail File & Paint

Toe File & Paint

Eyebrow Trim

Mini Facial

Make Over

Nail Art (Fingers or Toes)

per guest £25.00

“ . . . Absolutely Fabulous is an oasis of relaxation in a stressful world. Every visit invigorates and prepares me for the challenges of every day life. The staff are very professional and friendly, nothing is beyond their reach. I cannot recommend this salon enough. ”

## Gift vouchers available

Please note all gift vouchers have to be redeemed within 6 months from date purchased.

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## Parties

Ladies – why not let Absolutely Fabulous host your party.  
Ideal as a birthday treat, an alternative hen night or just a girls pampering get-together.

### Ladies Party Package 1

(Minimum of 3 people required per booking)

Choose any 3 treatments from the following:

Essential Facial (30 minutes)

Back Massage (30 minutes)

Make Over (30 minutes)

Nailtiques Therapeutic Manicure (30 minutes)

Mini Pedicure including paint

Plus complimentary 1/2 bottle of wine per guest per guest £65.00

### Ladies Party Package 2

(Minimum of 3 people required per booking)

Choose any 3 treatments from the following:

Mini Manicure (15 minutes)

Back Massage (15 minutes)

Eyebrow Tint & Trim (test needed)

Lash Tint (test needed)

Toe File & Paint

Plus complimentary 1/2 bottle of wine per guest per guest £32.00

## Hair Removal

### Waxing

We are proud of our reputation for hygienic practices and the Phd Waxing System meets all the criteria we demand in a waxing system. The unique PhD applicator is attached to a tube of high quality wax and applied directly and evenly onto the treatment area. The applicator is thrown away after each treatment eliminating the risk of cross contamination (especially in areas prone to bleeding). Sunbed sessions should not be taken until 24 hours after waxing. Please note for best results hair growth needs to be a minimum 1/4 of an inch.

Full leg	£24.00	Half leg, underarm & bikini	£26.50
3/4 leg	£21.00	Bikini	£13.50
Half leg	£18.00	Underarm	£10.00
Full leg & bikini	£29.00	Bikini & underarm	£19.50
3/4 leg & bikini	£26.00	Full arm	£16.00
Half leg & bikini	£21.00	Back	£23.00
Full leg, underarm & bikini	£31.00	Lip or chin	£8.00
3/4 leg, underarm & bikini	£29.00	Lip & chin	£10.00

### GiGi Brazilian Wax

GiGi wax is specially formulated for Brazilian waxing, adheres only to the hair and not the skin. This gentle formula removes even the coarsest of hair in sensitive and delicate areas.

Brazilian (45 minutes)	£32.00
Hollywood (60 minutes)	£46.00

### Electrolysis

The only permanent way to remove unwanted hair. Sterex disposable needles and disposable gloves are used for each client.

10 minutes	£13.00
15 minutes	£15.00
20 minutes	£17.00
30 minutes	£19.00

## Nail Treatments

### Extensions

Entity durable acrylic system.

Full Set\* (1½ hours) £39.00

\*Please note a deposit will be required.

Individual Nails	£5.00
Infills per Set	£22.00
Infills per Nail	£4.00
Remove Extensions	£15.00
Paint Extensions	£6.00
Paint French Manicure	£9.00

Please note if 2 or more nails need replacing during an infill, we need prior notice to allow extra treatment time.

### Airbrushing

Customise your natural nails or extensions with the delicate art of airbrushing. Air brushed nail colour is quick drying with fine application and longer lasting than conventional polish.

1 colour	per set	£10.00
2 colours	per set	£12.50
3 colours	per set	£15.00
Stencils	per nail	75p

### Nail Art

Personalise your nails with our fabulous selection of Nail Art designs. From 50p to £2.50 per nail

## Make Overs

For those special occasions have your make-up professionally applied.

Make-Over (30 minutes) £30.00

Professional Make-Up Lesson (1 hour) £48.00

### Semi Permanent Make up

We now offer the convenience of perfectly applied make-up every day with Nouveau Elegance for eyes, eyebrows and lips. Please call us to book a free consultation.

## Weddings

### Wedding Make-Up

Our professional make-up team will help you look absolutely fabulous on your special day. **We also offer home visits – please ask for details.**

1 hour Wedding Day Make-Up Trial in Salon £62.00

Please note this must be paid in full on date of trial (non-refundable).

### Wedding Day Package

We specialise in tailor made Wedding Packages to suit your individual needs, so why not call in for a friendly chat with a member of our team who will help you plan a programme of pampering and treatments to lead you up to your big day. Choose 4 or more treatments and receive a 20% discount.

**Please note these treatments can be taken at anytime prior to your wedding day.**

## St Tropez

### A few helpful tips before your treatment

We recommend the evening prior to your treatment exfoliating your entire body using St Tropez Body Polisher paying special attention to dry areas of your body such as hands, elbows, knees and feet. If you are short on time we offer a Full Body Exfoliation Treatment at £22.00. It is also recommended that you do not wax or shave on the morning of your treatment and that you avoid wearing perfume, deodorant or aromatherapy oils. We also suggest you may prefer to wear dark, loose fitting clothing immediately after your tan application. The St Tropez Air application dries very quickly giving an immediate lightly bronzed glow. Your tan will continue to develop over a period of 4 to 8 hours, during this time it is advisable not to shower or to take part in any activity which may cause perspiration.

### A few helpful tips to maintain your tan

Apply St Tropez Body Moisturiser daily. This hydrating moisturiser contains an ingredient that activates the melanin in your skin ensuring your tan lasts for the longest possible time. As your tan starts to fade exfoliate with St Tropez Body Polisher every two days to ensure your tan fades evenly. After showering or bathing pat the skin dry rather than rubbing. And finally avoid swimming pools as chlorine will bleach your tan.

### St Tropez Ultimate Air Spray Tan

For those of us in a hurry! Perfect for any last minute occasion. (15 minutes)

£24.00

### Full Body Exfoliation Treatment

An invigorating treatment to exfoliate and soften the skin.

£22.00

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## Hand & Foot Treatments

### Nailtiques Therapeutic Manicure

A totally different nail protein treatment that provides a therapeutic approach to growing healthy natural nails. (30 minutes)

£17.00

### Nailtiques Luxury Therapeutic Manicure

A wonderful manicure experience including the use of heated mittens. A complete in-depth luxury hand and nail treatment. (45 minutes)

£20.00

### Mini Manicure or Pedicure

Including cuticles, file & polish (15 minutes)

£12.00

Re-polish (10 minutes)

£6.00

### Nailtiques Therapeutic Pedicure

A complete foot treatment including the removal of hard skin, exfoliation, cuticle work and a relaxing foot and leg massage. (45 minutes)

£26.50

### Nailtiques Luxury Therapeutic Pedicure

A luxury deluxe pedicure treatment including a relaxing foot and leg massage concentrating on the removal of dead skin. Includes thermal boots. (1 hour)

£31.00

Please note all hand and nail treatments include colour polish. French polish will be charged as an extra at £2.00. (15 minutes)

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## Corrective Treatments

We offer 'Harley Street on the high street' in conjunction with Cosmetique Clinics who are the UK's largest salon provider of botox and restylane treatments. All treatments are carried out by Mr Philip Connell FRCS, a consultant plastic surgeon based in Harley Street, London and who also performs surgery at the London Independent Hospital. Please call for our next clinic date.

### Botox

Botox is a simple, fast and effective non surgical procedure. It relaxes the tiny facial muscles that cause expression lines, leaving the overlying skin smooth and unwrinkled. per area £200.00

### Restylane

Restylane adds volume to the skin filling out wrinkles and deep folds in the contours of the face. This product is totally natural so no allergy test is needed before treatment. Only one session is required and the results are instant lasting up to 9 months. Total Price £300.00 - £350.00

### IPL

We now offer the UK's best IPL (Intense Pulsed Light) system offering permanent hair reduction, skin rejuvenation including age spots, acne and broken capillaries. Intense pulsed light systems release precisely controlled strong pulses of filtered light that are absorbed by melanin, the pigment in hair. This heats up the hair and destroys the cells responsible for hair growth, to achieve long term hair reduction. IPL is suitable for men and women and can be used successfully on most skin types and hair colours. Please call us to book a free consultation.

## Chocobeaauty Body & Facial Treatments

### Chocobeaauty Body & Facial Package (2 hours)

For the ultimate luxury chocolate heaven experience why not treat yourself to a body treatment and facial package with a saving of £22.00.

£68.00

Please note this treatment includes either a front or back application.

“ . . . professional, friendly and a great team of people with that personal touch who never fail to deliver a relaxing experience. ”

“ Professional, personal, great treatments, experienced team and conveniently placed – that's why I keep coming back to Absolutely Fabulous year on year. ”

## Chocobeaauty Body & Facial Treatments

Indulge your senses in the decadence of chocolate!

Chocolate has many proven therapeutic properties with an abundance of vitamins and folic acid all needed for cell regeneration and four times more antioxidant properties than green tea! Chocolate also releases endorphins into the brain to make you feel good.

### Chocobeaauty Body Treatment (1½ hours)

Ideal for the chocoholic! This luxury treatment is designed to nourish and relax, taking your body and mind away from the stresses of everyday life. Includes exfoliation, a luxury massage with chocolate orange cream and the ultimate swiss chocolate body masque. And for the final chocolate fix a hot chocolate drink and chocolate are also included making this an ideal gift or treat for yourself!

Please note this treatment includes either a front or back application.

### Chocobeaauty Facial (45 minutes)

The facial with wow factor! Nourishing and regenerating – the cool factor helps to soothe sensitive and environmentally stressed skins. Skin is left feeling cool, calm and radiant. Fantastic results on tired and dehydrated skin and an excellent treatment for puffy, tired eyes!

£52.00

£38.00

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## Relaxation Treatments

### Swedish Massage

This essential oils massage will help to relieve stress and tension and leave you feeling totally relaxed.

Full Body Massage (1 hour)

£42.00

Back Massage (30 minutes)

£28.00

### Dare to Bare (30 minutes)

Spoil yourself to a 3 step treatment for backs that need to be soothed, detoxified, hydrated, exfoliated or just plain rescued!

£28.00

### Reflexology

Each area of the body is represented by a corresponding reflex point on the foot. Massage of these points releases blockages and stimulates the body's natural energy flow and healing mechanisms.

45 minutes per treatment

£34.00

Course of 6 recommended

£170.00

### Aromatherapy

Experience the benefits of a complete body, face and scalp massage with individually chosen essential oils in one of the finest anti-stress treatments available.

Full Body, Face & Scalp (1½ hours)

£52.50

Back, Face & Scalp (¾ hour)

£41.50

Back (½ hour)

£34.00

A complimentary consultation will be carried out before aromatherapy and reflexology treatments commence.

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## Guinot Facial Treatments

### Essential Facial (30 minutes)

An ideal introduction to Guinot facials, this treatment combines gentle cleansing, toning and exfoliation with rose water, almond and fruit extracts followed by a delightful lavender and menthol-based mask leaving the skin smooth and luminous.

£32.00

### Aromatic Facial (45 minutes)

Relax and unwind with this unique and relaxing massage which combines the benefits of essential oils and pressure point massage techniques. Every treatment mask is tailor-made with a combination of plant extracts and aromatherapy essential oils to suit your skins needs. It balances the skin, restores radiance and lifts your senses instilling an overall feeling of well-being. Recommended as a 'pick-me-up' treatment.

£38.00

### Beaute Neuve Treatment (45 minutes)

An advanced anti-wrinkle treatment designed to suit all skin types and ages. This facial uses scientifically researched Guinot fruit acid enzymes which combine to remove dead skin cells with a double peeling action and gentle exfoliation to leave the skin looking fresh and radiant. The peeling effect lightens brown spots and enhances the complexion.

Individual

Course of 3 recommended

£43.00

£116.00

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### Liftasome Facial (1 hour)

This facial gives an instant lifting and firming effect making it an ideal choice before any special occasion. A thermal mask using a high concentration of Vitamin C and proteins fills the skin with new energy, strengthens it's elasticity and firmness whilst stimulating cellular regeneration.

£47.00

### Hydradermie Facial (1<sup>1</sup>/<sub>4</sub> hours)

Nicknamed the 'Star' of Guinot facials – a gentle galvanic and high frequency current works to deep cleanse, rehydrate and regenerate the skin. This is followed by a customised mask and relaxing massage to boost the skin leaving a balanced, healthy and glowing complexion. Hydradermie is the most effective deep cleansing treatment for your face and used as a maintenance treatment every month will leave your complexion looking clearer, smoother and younger-looking.

£45.00

### Hydra Plus (1<sup>1</sup>/<sub>2</sub> hours)

This luxurious 3 in 1 treatment extends all of the benefits of the Hydradermie Facial to include the neck and delicate eye areas. This blissful facial works to deep cleanse, rehydrate and generate to leave a glowing complexion.

£60.00

### Perfector – Non Surgical Corrective Treatment

This gentle relaxing face-lifting treatment helps reduce lines and wrinkles, lifts and tones muscle, smoothes and refines skin tissue. Recommended as an anti-ageing treatment for corrective or preventative care. Free 1/2 face demonstration.

Per individual treatment (1 hour)

£39.00

Course of 12 recommended – pay for 10 and get 2 free

£360.00

Per maintenance treatment (1 hour)

£36.00

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